

WHY STAND?

HEALTH BENEFITS OF STANDING

- IMPROVE/MAINTAIN BONE INTEGRITY/SKELETAL DEVELOPMENT
- LESSEN/MANAGE THE PROGRESSION OF SCOLIOSIS
- STRENGTHEN CARDIOVASCULAR SYSTEM AND BUILD ENDURANCE
- IMPROVE CIRCULATION
- REDUCE SWELLING
- IMPROVE BOWEL FUNCTION AND REGULARITY
- AID IN KIDNEY AND BLADDER FUNCTIONS
- IMPROVE/MAINTAIN RANGE OF MOTION
- MANAGEMENT OF ATROPHY IN THE TRUNK AND LOWER EXTREMITIES
- MANAGE PRESSURE (ULCERS) THROUGH CHANGING POSITIONS
- IMPROVE STRENGTH TO TRUNK AND LOWER EXTREMITIES
- DECREASE JOINT/MUSCLE CONTRACTURES

